

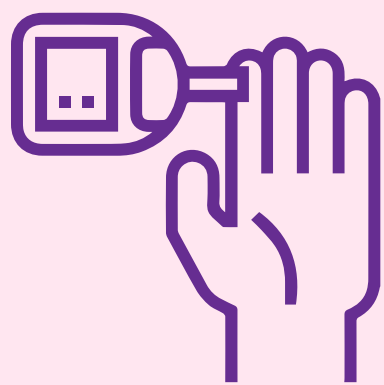
# BENEFITS *of the* KETO DIET FOR WOMEN



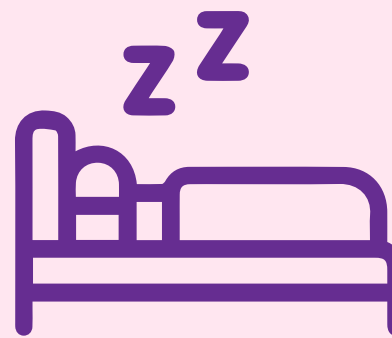
Enhanced  
weight  
loss results



Improved  
blood  
sugar control



Better  
sleep  
quality



Reduced  
menopause  
symptoms

